

TRIO TRIUMPHS

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A Publication of the Volunteer State Community College TRIO Student Support Services Program

Director's Corner

by Andrea Boddie



Hello Students!

All TRIO SSS Students may benefit from PRIORITY REGISTRATION, which is the ability to register the first day of early registration regardless of your number of credit hours. Advantages include getting the class you need and the time you prefer.

Learning Communities are great ways for you to complete your course requirements within a community of fellow students and instructors who are working together.

Two Learning Communities will be offered during the Spring Semester with assigned section numbers. You may register for any community. Specific section numbers will be available in the new class schedule.

1 - ENGL 1020, COM 103 and PSY101 (must enroll for all three)

2 - Learning Strategies and a New Skills Class

Or, you may register for DSPM 0800 and DSPM 0850 (7 wks each) and complete during the spring semester.

We are encouraging TRIO SSS students to take advantage of these learning models. TRIO SSS staff will work closely with students who enroll in these Learning Communities.

We hope you are having a wonderful semester. If you have any questions or concerns, please call me at 230-3732.

**DROP BY TRIO
AND REGISTER
FOR SPRING
CLASSES
STARTING
NOVEMBER 13th!**

See page 2 for details on
Conquer F.E.A.R.S.
Month

Nov. 13—Dec. 14

**The first 50 students
to participate will
receive a
Conquer F.E.A.R.S.
Survival Kit!**

Student Spotlight: Amy Wimberly

After receiving her GED in 2005, Amy enrolled at Vol State as a Business Communication major with the goal of being a self-employed real estate broker. She is the author of a poem that was published last year. Because of her desire to be a blessing to others, Amy plans to travel to Honduras on a mission trip with her church in 2008.



Soon to be celebrating her 13th wedding anniversary, Amy is a part-time student, part-time employee, and full-time wife and mom whose three children are her motivation for success. Actively involved in their education, she volunteers weekly at their school.

In addition to effective time management, planning ahead, and a positive attitude, Amy credits her much of her academic success to the support she

receives from her family, friends, and others involved in her education. She notes that the TRIO SSS program has also been a support system for her. "The staff always greets me with a smile, and they want to see me succeed in everything I do."

Amy has already taken advantage of the tutoring services provided by TRIO SSS and plans to utilize the Laptop Checkout program in the spring.

Upcoming Events and Workshops

Nov. 6 MTSU Trip: Nurses/Health
Career Day, College Tour

Nov. 15 Career Planning Seminar
with Dr. Rick Parrent

Nov. 13 — Dec. 14

Conquer F.E.A.R.S. Month
(Conquer Final Exams and Reduce Stress)

Dec. 11— Dec. 14 Final Exams

TRIO SSS PROGRAM SERVICES

Orientation

Tutoring

Mentoring

Learning
Communities

Cultural Trips

College Tours

Transfer
Assistance

Financial Aid
Planning

Academic
Advising

Laptop
Checkout

Book Club

Career
Assessments

Resource Center

Workshops

Priority
Registration

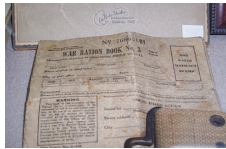
TRIO Travels: Chattanooga

The city of Chattanooga recently hosted a group of TRIO students and staff members as they braved the rainy weather to



embark on a tour of the University of Tennessee at Chattanooga. Our tour guides were very accommodating, providing umbrellas for the entire group.

The highlight of the day was a visit to the African-American Museum, home of an amazing collection of African Art, multi-media presentations, rare artifacts, sculptures, paintings, and music.



Our own TRIO SSS Director, Andrea Boddie, donated a book of war rations

which belonged to her great-grandfather, Frank Petigrew. After WWII, food, gas and clothing could only be purchased through the use of these ration coupons.

Introducing the Resource Center

TRIO students may check out resources related to career, academic, and personal growth through the TRIO SSS Resource Center. Micro-cassette recorders and calculators are also available for checkout. Stop by the office in the Wood Campus Center to browse our selection.

Conquer F.E.A.R.S. Month

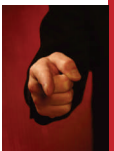
(November 13-December 14)

Conquer Final Exams and Reduce Stress

TRIO SSS will be providing a host of academic resources, including group tutoring, drop-in tutoring and study skills tips that will help you Conquer any Stress you may have related to *Final Exams*.

**WE WANT TO
SEE YOU!**

Nov. 13– Dec. 14



**Register for spring classes.
Get extra tutoring if needed.
Get your Free Survival Kit.
Get a snack or two...**

**Life Mapping 101: A Balanced Approach to Your
Successful Life, by Dr. Rick Parrent**
Wed., Nov. 15th at 12:15 p.m. in the TRIO SSS Conf. Rm.

Student Support Services is proud to host Dr. Rick Parrent, Director of Career Placement and Cooperative Education, as he presents the seminar "Life Mapping 101: A Balanced Approach to Your Successful Life", on Wednesday, November 15th, at 12:15 p.m. in the TRIO SSS Conference Room. Specific career development skills will be

introduced such as self assessment, job search strategies, researching employers, cover letter and resume preparation, networking, interviewing, the art of negotiating a job offer, and how to make your first employment setting a success.

Contact the TRIO Office at 230-3732 to register.

***"We are all connected in the
great Circle of Life."***
King Mufasa, from The Lion King



A group of TRIO students and staff members had the opportunity to see the magnificent stage production of "The Lion King" at TPAC on October 28th. "The Lion King" explores the themes of responsibility and growing up, the relationships between parents and children, and the connection between all creatures. The multi-talented performers, innovative set, brilliant costumes and powerful music provided an awe-inspiring, breathtaking experience!

Our Deepest Fear

by Marianne Williamson from *A Return To Love: Reflections on the Principles of A Course in Miracles*
"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. ...As we are liberated from our own fear, our presence automatically liberates others."

TRIO Student Support Services
Volunteer State Comm. College
1480 Nashville Pike
Wood Campus Center
Gallatin, TN 37066-3188



www.volstate.edu/TRIO
Office: 615-230-3732
Fax: 615-230-3750
TDD: 615-230-3488