

Dear Prospective Student,

Thank you for your interest in the Ophthalmic Technician Program at Volunteer State Community College. This packet will introduce you to The College's Associate of Applied Science Degree, Ophthalmic Technician option. This is a "one-plus-one" program consisting of one year of general education courses plus one year of ophthalmic-specific technical courses. Upon graduation, students will earn an Associate of Applied Science Degree and be eligible to take the Certified Ophthalmic Technician Exam.

Ophthalmic technology is a rewarding career with strong demand; in fact, many students receive job offers before graduation.

Ophthalmic technicians work under the supervision of ophthalmologists (M.D.) and perform tasks such as taking medical histories, visual acuity testing, refractometry, ophthalmic photography, visual field testing, assisting in ophthalmic surgery, ophthalmic ultrasound, and other diagnostic procedures.

A list of helpful websites is listed below to provide more information on this fulfilling career. The link for the International Council of Accreditation, the organization responsible for accreditation of our program, is also listed.

International Joint Commission on Allied Health Personnel in Ophthalmology Website

American Academy of Ophthalmic Professionals Website

International Council of Accreditation Website

If you are already a Vol State student, you may apply for the program online by completing the "Application Form" on the Ophthalmic Program Website: Ophthalmic Program Website.

After reviewing this information, if you wish to ask further questions or visit our campus facilities, please contact Alisha Cornish or Olivia Keene. Contact information is listed

I look forward to meeting you and helping you in your pursuit of this wonderful profession.

Sincerely,

Alisha Cornish, O.D.

Program Director/Professor Ophthalmic Technician Program Volunteer State Community College

### FREQUENTLY ASKED QUESTIONS

## What is an Ophthalmic Technician?

Ophthalmic Technology is a career of service to others. It is an opportunity to become part of a team that provides medical eye care to the public.

Ophthalmic technicians work under the direction of an ophthalmologist in a variety of settings including private practices, hospital ophthalmology clinics, and academic eye clinics.

Duties of the ophthalmic technician generally include:

- Obtaining patient medical history
- Visual acuity measurement
- Visual field testing
- Imaging: Photography, optical coherence tomography, optical biometry, B scan ultrasonography, A scan biometry
- Refractometry
- Contact lenses care
- Caring for and maintaining ophthalmic instruments
- Assisting the doctor in minor ophthalmic surgery
- Administering diagnostic tests
- Providing patient services
- Performing a variety of clinical skills

Successful completion of the program allows graduates eligibility to apply for and to take the certification examination to become a Certified Ophthalmic Technician. Certification is available through the International Joint Commission on Allied Health Personnel in Ophthalmology (IJCAHPO).

# How do I apply for the Program?

- 1. Apply to the college. Click on the attached link to the visit the <u>Admission's Office website</u> for details.
- 2. Submit official transcripts from all colleges/universities previously attended.
- 3. Complete all prerequisite courses, including OPHT 1205 Introduction to Ophthalmic Technology with job shadow. The job shadow is generally completed while in OPHT 1205. Further instructions are given once the course begins.
- 4. Complete the online application form, found under the "Application Form" heading on the <a href="Ophthalmic Program Website">Ophthalmic Program Website</a>. Please do not complete the application until you have completed most or all the prerequisite courses.
- 5. Complete formal interview process which takes place in June.

## Does completion of the Ophthalmic Technician Program result in a degree?

Upon completion of the Ophthalmic Technician Program and all prerequisite courses, students will earn an Associate of Applied Science Degree.

## What courses must I take prior to the screening and official admission into the Program?

You will be required to complete all general education/prerequisite courses as listed on page 10 of this information packet, including OPHT 1205 Introduction to Ophthalmic Technology and AHC 115 Medical Terminology, prior to being eligible for formal admission into the Ophthalmic Program. These courses (also referred to as "prerequisites") must be completed before you can begin the program.

In addition to completion of course requirements, applicants must also complete a 4-hour job shadow in an ophthalmology clinic alongside an ophthalmic technician. The job shadow will be arranged for you while taking OPHT 1205. If you need to complete a job shadow outside of being enrolled in OPHT 1205, please reach out to Olivia Keene for set-up.

# What if I have not completed all the prerequisite courses prior to the program deadline date?

If you will not complete all prerequisites by the end of the spring semester in which the application is due, discuss your options with Alisha Cornish or Olivia Keene.

## When does screening occur and how many are admitted each year?

The deadline for application to the program is May 31st. The screening and interview process will be conducted in June. All eligible applicants are notified by their Volunteer State email with the specific date and time of their interview. The program has a maximum class size of 15.

# What are the requirements for admission?

Acceptance into the program is contingent upon completion of the general education/prerequisite courses, with a cumulative GPA of 2.5 or better in the prerequisite courses. A grade lower than a "C" in a course required for entrance into the program, will not be accepted. In addition, an applicant must have completed OPHT 1205 and a job shadow. Selection for a seat in the program is based on GPA in the prerequisite courses, performance in and completion of OPHT 1205, completion of a 4-hour job shadow, grade in A&P I, and effectiveness in the interview setting.,

# If I am officially admitted into the program, what other costs besides tuition and maintenance fees should I expect?

The costs listed in the table below are **approximate** costs for items needed for the Ophthalmic Program. The costs are not reimbursable should plans change and a student decide not to enter the program.

Extra Ophthalmic Costs	Approximate Cost
Textbooks	\$500
Website membership	\$150
Web camera	\$25
Thumb drive	\$30
CPR course (provided after admission to program)	\$60

*Background check	\$50
*10 Panel drug screen	\$40
Scrubs	Approximately \$40 per pair
*TB skin test	\$25
Tetanus vaccination	\$50
Varicella vaccination	\$125
MMR vaccination	\$70
Hepatitis B	\$75 each (3) total needed
Health Insurance	Various cost
Program T-shirt	\$30
Certified Ophthalmic Technician Exam (end of program)	\$325
Health Science Course Fee	\$25 per credit hour

<sup>\*</sup>Requirements to be completed only after formal admission to the program and notification from program personnel.

Students must provide proof of the immunizations below to attend clinical rotations. If documentation of proof of immunization cannot be located, titers can be drawn to prove immunity.

- MMR: Proof of **two** live measles (rubeola and rubella) and mumps vaccinations (if born after January 1, 1957)
- Varicella: 2 doses or credible history of disease if born on or after January 1, 1980
- Hepatitis B: **proof of 3 doses** before the start of patient care
- Tetanus: within last 10 years

## How long is the program?

After completion of all prerequisites and formal admission, the Ophthalmic Technician Program is 12 months (3 semesters) in length. The program begins in the fall.

## How will I pay for my education?

Every student has a unique financial situation. You are encouraged to discuss your situation with a member of the Financial Aid Department in the Ramer Building room 129, as you begin your college education and again if you are admitted into the Ophthalmic Technician Program. You can find information online regarding financial aid at the Volunteer State Financial Aid Website.

For information on current tuition and fees, visit the college's Tuition and Fees Website.

## Will TN Promise and TN Reconnect pay for my education in the Ophthalmic Program?

Yes, both TN Promise and Reconnect will cover the courses in the Ophthalmic Program provided a student meets all the qualifications for those programs. Students should discuss their financial situation with personnel in the Financial Aid Office.

# Who on the Vol State campus can answer other questions that I might have?

The Ophthalmic Program website lists dates for program information sessions. Attending an information session is a great opportunity to learn more about the program and field of ophthalmic technology.

Alisha Cornish or Olivia Keene will be glad to answer any questions you may have. To schedule an appointment for advising, contact Alisha Cornish by email at <a href="mailto:Alisha.Cornish@volstate.edu">Alisha.Cornish@volstate.edu</a> or Olivia Keene at <a href="mailto:Olivia.Keene@volstate.edu">Olivia.Keene@volstate.edu</a>. To ensure your questions are answered fully, please review the information on the <a href="mailto:Ophthalmic Program Website">Ophthalmic Program Website</a> prior to setting up your advising appointment. Information sessions for each semester are listed on the program website.

The Advising Center, located in the Ramer Building, Suite 141, can also answer advising questions. Please see the Advising Center's website for specific information on speaking with an academic advisor. <u>Advising Center Website</u>

### Will the courses I took at another institution transfer to Volunteer State?

Once you have completed the "Application for Admission" to the college, an official transcript for each college attended, should be mailed to the Office of Admissions. Once your transcripts are posted as "received" in the Admissions Office, your transcript will be forwarded to the Records and Registration Office to be evaluated by a transcript analyst. You can view more details about transfer of various types of credits on the school's website, Volunteer State Website on Transfer Credits.

### **Program Learning Outcomes**

Upon completion of this program, a graduate will have developed the skills, knowledge, and abilities to accomplish the following:

- 1. Graduates will utilize and apply their knowledge of ophthalmic technology to solve problems in a clinical setting.
- 2. Graduates of the program will assume positions as entry-level technicians in a variety of eye-care settings.
- 3. Graduates will perform ophthalmic skills at the technician level with competency and safety as defined by national certification and accreditation standards set forth by JCAHPO and ICA.
- 4. Graduates of the program will be able to perform patient testing and demonstrate proper documentation in the patient record.
- 5. Graduates will demonstrate proficiency with the terminology and abbreviations used within the field of ophthalmic technology.
- 6. Graduates will demonstrate and apply their knowledge of the rules and regulations of the boards and agencies involved in the field of ophthalmic technology.

# What are the technical aspects of the program that I must meet if accepted into the program?

To perform the duties of an ophthalmic technician an individual must be able to:

- 1. Visually assess patient's condition.
- 2. Visually assess results of ophthalmic testing.
- 3. Demonstrate adequate visual acuity to assess a patient's condition, read patient charts, check proper function of equipment, and to distinguish colors.
- 4. Push and pull wheelchair with patient seated in wheelchair.

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- 5. Lean over to lock wheelchair and lift footrests.
- 6. Verbally instruct patient in a clear, concise, easily understandable manner.
- 7. Interact appropriately with patients, co-workers, and visitors.
- 8. Read and comprehend written communications. Provide written communication to medical and technical staff.
- 9. Demonstrate manual dexterity in handling of syringes for injection, manipulation of small knobs and equipment controls, and preparation of equipment while maintaining sterile technique.
- 10. Ability to ascend and descend stairway in case of fire or emergency in absence of an elevator.
- 11. Bend and rest on knees for performing chest compressions.
- 12. Use extended arms and force of shoulders and upper back to compress chest 2 inches.
- 13. Respond appropriately to sounds, i.e., patient voice and movements, at a normal conversational volume.
- 14. Respond appropriately to equipment signals such as sound and light.
- 15. Manipulate mechanical and patient care equipment simultaneously, i.e., dials, switches, push buttons, keyboards, and blood pressure equipment.
- 16. Perform for a prolonged period without breaks, e.g., typical shift of eight hours.
- 17. Oral communication skills sufficient to communicate in English with accuracy, clarity, and efficiency with patients, their families, and other members of the health care team, including non-verbal communication, such as interpretations of facial expressions.

\*Curriculum changes for pre-requisites and The Ophthalmic Program are subject to change <u>at the end of the academic year</u>. Please visit the college catalog to view the most up-to-date curriculum information. <u>College Catalog</u>: Ophthalmic Technician Program

# **Faculty Contact Information**

Alisha Cornish Program Director

Email: Alisha.Cornish@volstate.edu

Phone: 615-230-3723 Fax: 615-230-3251

Office Location: Wallace South Building, Room S-219 (inside S-217)

Olivia Keene

Clinical Coordinator

Email: Olivia.Keene@volstate.edu

Phone: 615-230-3331

Office Location: Wallace North Building, 102D



# OPHTHALMIC TECHNICIAN PROGRAM COURSE DESCRIPTION BY SEMESTER

The OPHT course below will be completed as a prerequisite to The Ophthalmic Program.

#### INTRODUCTION TO OPHTHALMIC TECHNOLOGY - OPHT 1205

COURSE CREDIT: 2 Credit Hours

COURSE DESCRIPTION: This course introduces students to the history of ophthalmic technology, including roles and responsibilities in the field. Ethics of patient care and medical economics will also be discussed.

# **FALL**

#### OCULAR ANATOMY AND PHYSIOLOGY - OPHT 2202

COURSE CREDIT: 2 Credit Hours

COURSE DESCRIPTION: This course will present the normal anatomy of the adnexa, globe and visual pathway and the physiology of ocular movements and vision. In addition, some of the more common pathophysiology will be discussed and identified. Thirty lecture hours per semester.

#### **OPHTHALMIC PROCEDURES I - OPHT 2350**

COURSE CREDIT: 3 Credit Hours

COURSE DESCRIPTION: Basic principles and skills for ophthalmic procedures will be taught. These include visual acuity measurement, lens measurements, tonometry, charting, medical history documentation, use of slit lamp, OSHA requirements, and papillary exam.

#### **CLINICAL OPTICS - OPHT 2312**

COURSE CREDIT: 3 Credit Hours

COURSE DESCRIPTION: Students will learn the basic physical, geometric, and physiologic optical principles as applied to the eye and visual system including the visual pathway, light transmission, absorption, **reflection**, and refraction.

#### **INTRODUCTION TO OCULAR DISEASES - OPHT 2223**

COURSE CREDIT: 2 Credit Hour

COURSE DESCRIPTION: Basic characteristics of common ocular disorders will be presented in this course. Included are the anterior segment, ocular adnexa, posterior segment diseases and conditions most common to the ophthalmology practice. A review of systemic diseases relating to ocular conditions will be presented as

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well as common diagnostic and therapeutic treatments. Triage for ocular emergencies will be presented in detail.

### **CLINCAL APPLICATIONS I - OPHT 2310**

COURSE CREDIT: 3 Credit Hours

COURSE DESCRIPTION: Supervised practice of clinical skills learned during the Fall Semester. 300

clinical hours for the semester.

# **SPRING**

#### **BASIC OPHTHALMIC PHARMACOLOGY - OPHT 2221**

COURSE CREDIT: 2 Credit Hour

COURSE DESCRIPTION: This course will acquaint the student with ocular pharmacology including diagnostic agents, therapeutic agents, antibiotics, topical anesthetics, antivirals, antihistamines/anti-allergic agents, and many of the systemic medications with which they come into contact. Indications for these agents and their common side effects will be discussed. A review of the autonomic nervous system as it relates to medications and their actions will be presented.

#### **RETINOSCOPY and REFRACTOMETRY - OPHT 2327**

**COURSE CREDIT:** 3 Credit Hours

**COURSE DESCRIPTION:** This course will introduce students to the principles and

techniques of retinoscopy and intermediate refractometry measurements with emphasis on skill development using various retinoscopes. Principles and techniques of spectacle fitting and adjustment will also be included. Thirty lecture and 30 lab hours per semester.

#### **OPHTHALMIC PROCEDURES II - OPHT 2351**

**COURSE CREDIT:** 3 Credit Hours

**COURSE DESCRIPTION**: This course introduces the student to the fundamentals of surgical assisting, microbial control procedures, and safe handling of equipment and supplies Students will learn to use specialized equipment to perform acuity testing, ultrasonography, ophthalmic photography, and corneal topography. Basic interpretations of fluorescein angiography and laser procedures are also included. Thirty lecture and 30 lab hours per semester.

#### **OCULAR MOTILITY - OPHT 2226**

**COURSE CREDIT:** 3 Credit Hours

**COURSE DESCRIPTION:** Principles and techniques of exophthalmometry and basic and advanced motility are presented with emphasis on skill development in these procedures. Thirty lecture and 30 lab hours per semester.

#### **CLINCAL APPLICATIONS II - OPHT 2320**

**COURSE CREDIT:** 3 Credit Hours

**COURSE DESCRIPTION**: Supervised practice of clinical skills learned during the Spring Semester. 300 clinical hours per semester.

# **SUMMER**

#### **OPHTHALMIC PROCEDURES III - OPHT 2352**

**COURSE CREDIT:** 3 Credit Hours

**COURSE DESCRIPTION:** This course introduces the student to the fundamentals of contact lens fitting and patient instruction techniques will also be covered. The course will also cover various other ophthalmic skills and procedures. Thirty lecture and 30 lab hours per semester.

#### **OPHTHALMIC PROCEDURES IV - OPHT 2353**

**COURSE CREDIT:** 3 Credit Hours

**COURSE DESCRIPTION:** This course introduces the student to the principles and techniques of visual field measurement, causes of visual field loss, basic external ophthalmic exam and the documentation of all testing and exam results. Thirty lecture and 30 lab hours per semester

#### **CLINCAL APPLICATIONS III - OPHT 2230**

**COURSE CREDIT**: 3 Credit Hours

**COURSE DESCRIPTION:** Supervised practice of clinical skills learned during the Summer Semester. 150 clinical hours for the semester.

# Volunteer State Community College Ophthalmic Technology Program

AAS Degree Student Check List

Name:	Date:
The following must be complet	ed and turned in with application to program.

General Education Courses/Prerequisites	Course Name	Credit Hours	Taken
AHC 115	Medical Terminology	3	
Fine/Arts/Humanities	PHIL 1040-recommended	3	
Choose one	ART 1030-Intro to Art		
	MUS 1030-Music Appreciation		
	ENGL 1030-Intr Film		
COMM 2025 or 2045	Fundamentals of Communications 2025	3	
	Public Speaking 2045		
BIOL 2010	Human Anatomy & Physiology I(Lecture/Lab)	4	
ENGL 1010	English Composition I	3	
MATH 1010 or	Math Liberal Art 1010	3	
MATH 1130 or higher	College Algebra 1130		
PSYC 1030	General Psychology	3	
OPHT 1205	Introduction to Ophthalmic Technology	2	
	Total Gen Ed	24	

<sup>\*</sup>If you have not completed all the requirements at the time of the application process, please contact Alisha Cornish or Olivia Keene to discuss your eligibility.

#### REQUIREMENTS AFTER FORMAL ACCEPTANCE INTO PROGRAM

Fall	Course	Credit Hours
OPHT 2202	Ocular Anatomy and Physiology	2
OPHT 2350	Ophthalmic Procedures I	3
OPHT 2310	Clinical Applications I	3
OPHT 2312	Ophthalmic Optics	3
OPHT 2223	Introduction to Ophthalmic Disease	2
	Total	13

Spring	Course	Credit Hours
OPHT 2320	Clinical Applications II	3
OPHT 2221	Basic Ophthalmic Pharmacology	2
OPHT 2326/2326L	Ocular Motility and Lab	3
OPHT 2327/2327L	Refractometry/Retinoscopy and Lab	3
OPHT 2351/2351L	Ophthalmic Procedures II and Lab	3
	Total	14

Summer	Course	Credit Hours
OPHT 2230	Clinical Applications III	3
OPHT 2352/2352L	Ophthalmic Procedures III and Lab	3
OPHT 2353/2353L	Ophthalmic Procedures IV and Lab	3
	Total	9
	Total Major Core	36