



Quick References for Benefits

Benefits Administration

Phone: 1-800-253-9981
Fax: 1-615-741-8196
Email: benefits.administration@tn.gov
[Website](#)

ParTNers for Health

Email: partners.wellness@tn.gov
[Website](#)

Health Insurance

BlueCross BlueShield of Tennessee
Phone: 1-800-558-6213
[Website](#)

Cigna HealthCare
Phone: 1-800-997-1617
[Website](#)

Dental Insurance

Cigna Dental DHMO Prepaid Dental Plan
Phone: 1-800-997-1617
[Website](#)

MetLife
Dental Preferred Provider Organization (DPPO)
Phone: 855-700-8001, option 1
[Website](#)

Vision Insurance

EyeMed
Phone: 855.779.5046
[Website](#)

Pharmacy

Caremark Prescription
Phone: 1-877-522-8679
[Website](#)

Flexible Benefits

Optum Bank
Phone: 866-600-4984
[Website](#)

Employee Assistance Program

Optum
Phone: 1-855-437-3486
[Website](#)

Wellness Program

Sharecare
[Website](#)

Short-Term / Long-Term Disability

MetLife
Phone: 1-855-700-8001
[Website](#)

Retirement Plans

TCRS
Tennessee Consolidated Retirement System
Phone: 1-800-922-7772
Email: [tcrs.counseling@state.tn.edu/](mailto:tcrs.counseling@state.tn.edu)
[Website](#)

ORP - Optional Retirement Services
[Website](#)

TIAA
Representative: Rosaline Rogers Banks
Email: Rosaline.Banks@tiaa.org
Phone: 865-347-5011
[Website](#)

VOYA Financial (formerly ING)
Representative: Ed Stewart
Email: ed.stewart@voyafa.com
Phone: 615-627-5936

Representative: Julie Chambers
Email: julie.chambers@voyafa.com
Phone: 615-556-6135
[Website](#)

401k Plan / Empower Retirement
Representative: Ben Straley
Phone: 1-615-564-7005 or 1-615-244-1030
Email: ben.straley@empower-retirement.com
[Website](#)

Life Insurance

Securian (Minnesota Life – Term & Accidental)
Phone: 1-866-881-0631
[Website](#)