

Quick References

Division of Insurance Administration

Benefits Administration
Phone: 1-800-253-9981
Fax: 1-615-741-8196
Email: benefits.administration@tn.gov
Website: www.tn.gov/partnersforhealth.html

ParTNeRs for Health

Email: partners.wellness@tn.gov
Website: www.tn.gov/partnersforhealth.html

Health Insurance

BlueCross BlueShield of Tennessee
Phone: 1-800-558-6213
Website: www.bcbst.com/members/tn_state

Cigna HealthCare Phone:
1-800-997-1617
Website: www.cigna.com/stateoftn

Dental Insurance

Cigna Dental DHMO
Prepaid Dental Plan
Phone: 1-800-997-1617
Website: www.cigna.com/stateoftn

Delta Dental
Dental Preferred Provider Organization (DPPO)
Phone: 800-552-2498
Website: www.tennessee.deltadental.com/stateoftn/

Vision Insurance

EyeMed
Phone: 855.779.5046
Website: <https://member.eyemedvisioncare.com/stateoftn/en>

Pharmacy

Caremark Prescription
Phone: 1-877-522-8679
Website: <https://info.caremark.com/stateoftn>

Flexible Benefits

Optum Bank
Phone: 866-600-4984
Website:
<https://www.optumbank.com/tennessee.html>

Employee Assistance Program

Optum
Phone: 1-855-437-3486
Website: www.HERE4TN.com

Life Insurance

Securian (Minnesota Life – Term & Accidental)
Phone: 1-866-881-0631
Website: www.lifebenefits.com/statetn

Short Term Disability

MetLife
Phone: 1-855-700-8001
Website: <https://www.metlife.com/stateoftn/>

Long Term Disability

Reliance Standard
Phone: 1-800-351-7500
Fax: 267-256-4262
Email: EOIApplications@rsli.com
Website: www.reliancestandard.com

Retirement Plans

TCRS
Tennessee Consolidated Retirement System
Phone: 1-800-922-7772
Email: [tcrs.counseling@state.tn.edu/](mailto:tcrs.counseling@state.tn.edu)
Website: <https://treasury.tn.gov/Retirement/Information-and-Resources/TCRS-Overview-and-Self-Service>

ORP-Optional Retirement Services

Website: <https://treasury.tn.gov/Retirement/Retire-Ready-Tennessee/for-Higher-Education-Employees>

TIAA

Representative: Austin Jefferson
Email: ajefferon@tiaa.org
One American Center
Phone: 615-783-2956 ext. 25-2956
Website: www.tiaa-cref.org/tnorp

VOYA Financial (formerly ING)

Representative: Julie Chambers
Phone: 615-556-6135
Email: julie.chambers@voyafa.com
Website: <https://tennorp.beready2retire.com/>

401k Plan – Empower Retirement Representative:

Ben Straley
Phone: 1-615-564-7005 or 1-615-244-1030
Email: ben.straley@empower-retirement.com
Website: <https://retirereadytn.empower-retirement.com/participant/#/login>